

# DIAPER BAG CHECKLIST

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## DIAPERING

- Diapers
- Wipes
- Changing Pad
- Diaper Rash Cream

## FOR MOM

- Breast Pads
- Water Bottle
- Snacks
- Chapstick

*Don't forget your wallet and phone!*

## FEEDING

- Bottles
- Formula
- Breastmilk
- Burp Cloths
- Nursing Cover

## OTHER

- Plastic Bags
- Blanket
- 2 Extra Outfits
- Sunscreen
- Band Aids

(Not all of these items may apply)

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